




# OCTOBER MENU

	WEEK COMMENCING 1/10/18	WEEK COMMENCING 8/10/18	WEEK COMMENCING 15/10/18	WEEK COMMENCING 22/10/18	WEEK COMMENCING 29/10/18
<b>MONDAY</b>	Minced beef stew Broccoli Mashed potato  Egg sponge Custard	Sausages, gravy Mixed vegetables Mashed potato  Rice pudding/pears	Chicken goujons Gravy, peas Mashed potato  Apple crumble custard	Chicken nuggets Sweet & sour sauce Sweet corn /peppers Boiled rice , herb dice  Fresh fruit salad	Closed  Halloween
<b>TUESDAY</b> 	Pork casserole, carrot smashed potato  Choc crackneal custard	Beef & veg stew Broccoli Mashed potato  Toffee square custard	Sliced pork in gravy Mixed vegetables Mashed potato  Jam & coconut sponge custard	Braised steak peas/carrots Mashed potato  Choc brownie custard	Closed
<b>WEDNESDAY</b>	Crumbed fish, peas Coleslaw , chips Baby potato  Fresh fruit salad	Gammon, cabbage Gravy Mashed potato  Choc sponge custard	Sausages in gravy Turnip Mashed potato  Baby meringue Yoghurt / grapes	Fish fingers Baked beans, peas Mashed potato  Custard & peaches	Closed
<b>THURSDAY</b> 	Rst Chicken, stuffing Carrot/parsnip, gravy Mashed potato  Lemon cake/custard	Chicken curry, peas diced potato, boiled rice , naan bread  Yoghurt/ fresh fruit	Carrot & lentil soup Beef burger Salad, coleslaw  Muffin	Chicken broccoli bake Carrots Mashed potato  Strawberry mousse fruit	Closed
<b>FRIDAY</b>	Irish stew  Ice-cream banana	Fish fingers Baked beans or peas Mashed potato  Jelly fruit tub	Beef Bolognese Pasta spirals Cheese , crusty bread  Cookie piece of fruit	Pork creole Pasta spirals Cheese , crusty bread  Ice-cream, jelly	Closed

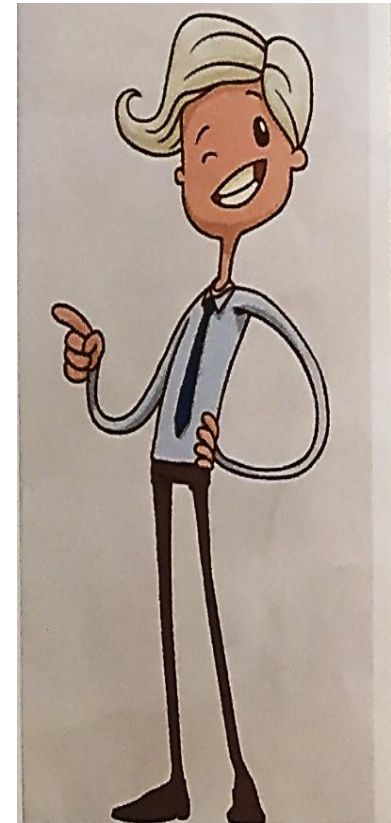
## School Food

*Try something new today*

[www.schoolfoodni.com](http://www.schoolfoodni.com)

Bread, Fresh Fruit, Yoghurt, Milk and Water are available.

If you require any additional information on allergens or special diets, please contact the school in the first instance.



# OCTOBER MENU