Parents,

Our School have signed up to complete the 2020 Garden Olympics – The Home Sports Day. Organised by ActivityNI in partnership with the NSPCC to promote their Childline Service the 2020 Garden Olympics challenges pupil to complete 30 activities over the 30 days to promote a positive physical and mental health.

Pupils can complete more than one activity a day to help reach the 30 mark and to make the event accessible to children of all ages and abilities, the event does not have set activities that pupils must complete.

No App, No Login just record your 30 activities on a page!

Pupils must simply complete any activity that gets them moving (Running, Dancing, Football) or thinking (Piano, Art, singing). To support our pupils, ActivityNI will be posting daily activity videos on their Social Media & YouTube (@ActivityNI) accounts to inspire children and act as a follow along guide.

The Event is completely FREE for pupils, and has some amazing rewards that our school can win:

2 Schools will win either 20 Fully customised sports jerseys (MFC) or a full school Colour Run (The Ultimate Colour Run)

50 + Classes will to win receive a whole class reward.

500 Children that complete the challenge will receive a custom made 2020 Garden Olympics – The Home sports Day medal.

We would love to see as many pupils from our School taking part to increase the chances of winning the rewards!

Please Register your Child online at [www.ActivityNI.co.uk](http://www.ActivityNI.co.uk)

Please also see attached a simply ‘How To Guide’ about the event.

Stay Safe,