

JANUARY 2020 MENU

School Food

Try something new today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available.

If you require any additional information on allergens or special diets, please contact the school in the first instance.



	WEEK COMMENCING 6/1/20	WEEK COMMENCING 13/1/20	WEEK COMMENCING 20/1/20	WEEK COMMENCING 27/1/20	WEEK COMMENCING
MONDAY	Fish fingers Beans/peas Chips or mashed potato Yoghurt & grapes	Sausages in tomato sauce , sweet corn Pasta spirals Frozen yoghurt	Chicken goujons , gravy Peas , mashed potato Choc pear sponge custard	Mince beef stew Broccoli Mashed potato Toffee squares custard	
TUESDAY 	Chicken in gravy Carrots Mashed potato Chocolate crackneal Pink sauce	Roast chicken ,stuffing Gravy , carrots Roast / mashed potato Apple crumble custard	Gammon Mixed vegetables Gravy, mashed potato Birthday Cake Gabriela , Agne	Pork & veg curry Boiled rice , peas Naan bread Yoghurt & grapes	
WEDNESDAY	Beef curry Peas , naan bread Boiled rice Jelly / fruit tubs	Minced beef Pie Peas , gravy Mashed potato Rice pudding Stewed apple	Beef & veg stew / peas Mashed potato Jam / coconut sponge Custard	Roast chicken, cabbage Mashed potato , gravy Ice-cream Chocolate sauce	
THURSDAY 	Roast pork ,gravy turnip , mashed potato Apple sponge Custard	Chicken burger in bap Salad , coleslaw Chips or baby potato Fresh fruit Salad	Pork & veg creole Pasta shells Cheese, grated carrots Ice cream / wafer	Fresh fish goujons Mushy peas Chips or baby potato Custard & peaches	
FRIDAY	Beef Bolognese Mixed veg, cheese Pasta spirals Cookie & fruit	Beef & veg stew Broccoli Mashed potato Shortbread biscuit Fresh fruit	Sausages , turnip Gravy , mashed potato Chocolate muffin Apple or orange	Irish stew Wheaten bread Birthday Cake Toni	

Menu subject to change

BIRTHDAY CAKES – Egg sponge with mousse & fresh fruit.