JANUARY MENU

		WEEK COMMENCING	WEEK COMMENCING	WEEK COMMENCING	WEEK COMMENCING	
		7/1/19	14/1/19	21/1/19	28/1/19	
MONDAY		Chicken in gravy Carrots Mashed potato Choc sponge/ custard	Mince beef stew Peas Mashed potato Muffin & fresh fruit	Sausages in gravy Carrots/peas Mashed potato Birthday cake Gabriela , Agne	Fish fillets Baked beans or peas Chips or mashed potato Rice pudding / pears	
TUESDAY		Sausages Mixed vegetables Gravy, mashed potato Custard & peaches	Beef burgers, gravy Mixed vegetab Mashed potato Fresh fruit salad	Pork & apple stew Broccoli Mashed potato Choc brownie Custard	Chicken casserole Peas Mashed potato Jam tart / custard	
WEDNESDAY		Fish fingers Baked beans or peas Mashed potato Jelly tub / fruit	Roast pork Cabbage , gravy Mashed potato Choc cracknel Custard	Sweet & sour chicken Boiled rice/ herb dice Strawberry mousse Pears	Braised steak Turnip Mashed potato Lemon sponge custard	
THURSDAY	Irish stew Fresh fruit salad Yoghurt	Beef & veg Stew Broccoli Mashed potato Toffee squares	Chicken curry , peas Boiled rice / herb dice Naan bread Yoghurt & grapes	Roast chicken , gravy Cabbage Mashed potato Apple crumble	Gammon Cabbage , gravy Mashed potato Choc mousse	
FRIDAY	Chicken nuggets Peas , rice or chips Curry sauce Ice – cream	Custard Pork & veg creole Pasta shells cheese Frozen yoghurt Piece of fruit	Veg soup Shepherds pie broccoli	Irish stew Ice- cream	Mandarin oranges Beef & veg Bolognese Pasta shells Cheese Yoghurt & fruit	

School Food

Try something new today www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available.

If you require any additional information on allergens or special diets, please contact the school in the first instance.



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